

S	M	T	W	T	F	S
September						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

Sept. 1-2 – *Widespread Panic*: Ascend Amphitheater  
 Sept. 1-3 – *Sounds vs. Memphis*  
 Sept. 1-8 – “*Twinkle, Twinkle Little Star*”: Nashville Children’s Theater  
 Sept. 1-9 – *Shakespeare in the Park*: “*A Midsummer Night’s Dream*”: Centennial Park  
 Sept. 6-23 – “*Avenue Q*”: Nashville Repertory Theater, TPAC  
 Sept. 7 – *Jason Aldean*: Bridgestone Arena  
 Sept. 7 – *Chad Prather*: TPAC  
 Sept. 7 – *Lucero*: Ryman Auditorium  
 Sept. 7 – *Paramore*: Municipal Auditorium  
 Sept. 8 – *Ben Harper & Charlie Musselwhite*: Ryman Auditorium  
 Sept. 9 – *American Idol Live*: Ryman Auditorium  
 Sept. 9 – *Nashville Symphony*: Ascend Amphitheater  
 Sept. 9 – *Kris Allen*: Ryman Auditorium  
 Sept. 11 – *U.S. National Soccer Team vs. Mexico National Football Team*: Nissan Stadium  
 Sept. 11 – *Fall Out Boy*: Bridgestone Arena  
 Sept. 11-16 – “*School of Rock*”: TPAC  
 Sept. 13-16 – *Disney On Ice*: “*Frozen*”: Bridgestone Arena  
 Sept. 13-Oct. 7 – “*Tuck Everlasting*”: Nashville Children’s Theater  
 Sept. 14 – *Old Crow Medicine Show*: Ryman Auditorium  
 Sept. 14-16 – *Music City Food + Wine Festival*: Bicentennial Capitol Mall  
 Sept. 15 – *Loverboy*: Ryman Auditorium  
 Sept. 15 – *Cody Jinks*: Ascend Amphitheater  
 Sept. 16 – *Titans vs. Houston*  
 Sept. 16 – *k.d. lang*: Ryman Auditorium  
 Sept. 17 – *J. Cole*: Bridgestone Arena  
 Sept. 18 – *Drake*: Bridgestone Arena  
 Sept. 21 – *Borns*: Ryman Auditorium  
 Sept. 21-23 – *Ballet*: “*Swan Lake*”: TPAC  
 Sept. 21-23 – *Nashville Home Show*: Music City Center  
 Sept. 22 – *Chris Young*: Bridgestone Arena  
 Sept. 22-23 – *Pilgrimage Music & Cultural Festival*: Franklin  
 Sept. 23 – *Maroon 5*: Bridgestone Arena  
 Sept. 24 – *Sally Field*: TPAC  
 Sept. 24 – *5 Seconds of Summer*: Municipal Auditorium  
 Sept. 25 – *Daughtry*: Ryman Auditorium  
 Sept. 26 – *Cam*: Ryman Auditorium  
 Sept. 26-27 – *4U: A Symphonic Celebration of Prince*: TPAC  
 Sept. 28 – *The Fun Show with Cat & Nat*: TPAC  
 Sept. 28 – *Anderson East*: Ryman Auditorium  
 Sept. 29 – *Randy Rainbow*: TPAC  
 Sept. 29 – *Kansas*: Ryman Auditorium  
 Sept. 29 – *Nine Inch Nails*: Ascend Amphitheater  
 Sept. 30 – *Titans vs. Philadelphia*  
 Sept. 30 – *Bad Bunny*: Bridgestone Arena  
 Sept. 30 – *Joan Baez*: Ryman Auditorium

All dates subject to change without notice

## Stovetop Fires

Taking the proper precautions and knowing what to do in case of a fire can prevent injury or damage and can save lives. Here are some helpful hints:



- Remain calm.
- Turn off the burner or oven under the burning pot or pan.
- Smother a stovetop fire by covering it with a large lid.
- Don’t use water to put out a grease or wax fire—it will only flare up. Use a fire extinguisher on fires that cannot be smothered. If you don’t have one, large amounts of baking soda or salt can be used to extinguish the fire.
- If you have a hood fan, make sure it is turned off so the fire is not drawn into the vent.
- Take care to protect your hair, hands and clothing before removing a burning pan from the stove.
- If your clothes catch fire, drop to the ground and roll over to put the fire out.
- Call the fire department if the need arises.

## A CHANGE OF SEASONS...

...will have many of you also making changes to your wardrobe. Here are a few tips to keep in mind as you put away those out-of-season clothes:

- Make sure all items are clean before putting them away.
- Roll sweaters rather than folding them to prevent permanent creases from forming.
- Suede or leather items need to breathe, so don’t store these in plastic.
- Use cedar chips as a moth repellent instead of mothballs.
- To prevent fading, store clothing out of direct sunlight or away from bright artificial lights.
- Short on space? Store your blankets inside decorative pillow shams and use them as an accent in your bedroom.



## Harvest some \$\$\$

Who says money doesn’t grow on trees? At our community it does! Simply refer someone to live at The Saxony and you will receive \$200 when they move in. There is no limit to the number of referrals you can make or the money you can earn. Call the office today to learn how you can harvest some \$\$\$.

## GOODBYE FOR THE SUMMER

Our pool will be closed for the season beginning Tuesday, September 4. We’ve had a great season and are already looking forward to next summer!

# The Saxony APARTMENTS

700 Saxony Lake Drive  
 Antioch, TN 37013  
 (615) 331-8751

**The office will be closed on Monday, September 3 in observance of Labor Day, but will reopen on Tuesday for regular business hours.**

## Falling for Our Residents

As September arrives, the days of summer are nearing an end. The kids are back in school, the days are growing shorter, soon the trees will be showing their fall colors and we’re falling for our residents. Each of you adds to the unique mix of our special community. We may not say thank you often enough, but we certainly appreciate you for choosing to call The Saxony home.

## TO HEAT OR NOT TO HEAT

We are entering the season of “to heat or not to heat.” Days are warm but nights can get chilly. Just remember that switching your heat on and off is quite costly. Try to wear warmer clothes or cover up with a blanket instead of adjusting the thermostat when it gets cool. Before you know it, temperatures will level off and you can turn the heat on and leave it on. As always, call us immediately if there is a problem and we will service it as quickly as possible.



## Itsy Bitsy Spiders

Late in the summer and early fall, spiders tend to be at their peak in both number and size. If you notice more itsy bitsy creatures and webs around your home, give us a call. Our routine pest control should handle most of the problem. You can also help by cleaning to reduce conditions that may attract and sustain spiders. Cleaning regularly in corners and undisturbed areas prevents spiders from finding a safe refuge. Together we can keep our eight-legged friends outside where they belong!

## WATCH YOUR SPEED

We’ve noticed several cars speeding through our community. Please obey the posted speed limit and be aware of children playing and riding bikes.

September 2018

## Staff

**David Hummer**  
 Property Manager  
**Morgan Belcher, NALP**  
 Assistant Manager  
**Kevin Norton**  
 Maintenance Supervisor  
**Lance Easley**  
 Maintenance  
**Robbie Stanley**  
 Groundskeeper  
**Officer Wright**  
 Courtesy Officer

## Office/Clubhouse Hours

**Monday-Friday**  
 8:30am - 5:30pm  
**Saturday**  
 10:00am - 4:00pm  
**Sunday**  
 Closed

## Laundry Hours

Open 24 Hours

## Fitness Center

Open 24 Hours

## Pest Control

Wed., Sept. 12  
 Bldgs. 6-9

0903

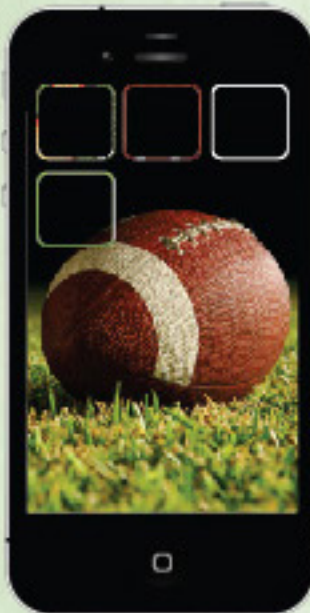


## Tailgating

A FOOTBALL TRADITION

Football season has begun and so have the tailgating parties. You'll want to download these top apps.

- **Grill-It** – the ultimate app for any cook-out experience with new recipes and ideas added weekly.
- **Cornhole and Ultimate Cornhole** – if you can't have the real thing, it's fun to compete online.
- **Stadium Finder** – helping you reach your stadium and then having fun when you get there. Over 1,000 stadiums worldwide are featured.
- **Tailgating Planner** – share your tailgating checklist with friends and family to organize the best party.



See some styling tailgating, delicious recipes and games on our **Hassle Free Newsletter** Pinterest page.



Before Labor Day, manufacturing workers were putting in 60-70 hour work weeks, 6-7 days a week, barely making enough to live. Children as young as five toiled in mills, mines and factories across the country.

Unsafe working conditions, insufficient access to sanitary facilities, breaks and fresh air were hardest on the very poor and immigrants.

We're thankful for those who committed their lives to make working conditions better for all. **Happy Labor Day!**

### SAUSAGE CASSEROLE

1 lb. sausage • 6 eggs • 2 c. milk • 2 c. bread crumbs • 1 tsp. salt  
1 tsp. dry mustard • 1 c. grated cheese • 1 can mushroom soup • 1/4 c. milk

Brown sausage and drain well. Whip eggs, milk, salt and dry mustard. Set aside. Layer bread crumbs, sausage and cheese in 9 X 13 inch dish (lightly sprayed). Pour egg mixture over the layers.

Mix the can of soup with 1/4 cup of milk and spread over the entire mixture.

Bake 45 minutes to 1 hour in a 350 degree oven. Serve hot. Delicious for breakfast or as a main dish for any meal.

If using for breakfast, mix all together the night before, cover tightly and refrigerate.

The next morning cook in heated oven for 45 minutes to 1 hour. This reheats well in microwave.

## FALL IN LOVE WITH THESE Fall Days

- SEPTEMBER 3  
LABOR DAY
- SEPTEMBER 5  
INTERNATIONAL DAY OF CHARITY
- SEPTEMBER 8  
INTERNATIONAL LITERACY DAY
- SEPTEMBER 9  
GRANDPARENTS DAY
- SEPTEMBER 11  
PATRIOT DAY – WE WILL NEVER FORGET!
- SEPTEMBER 22  
FALL BEGINS
- SEPTEMBER 29  
FAMILY HEALTH & FITNESS DAY



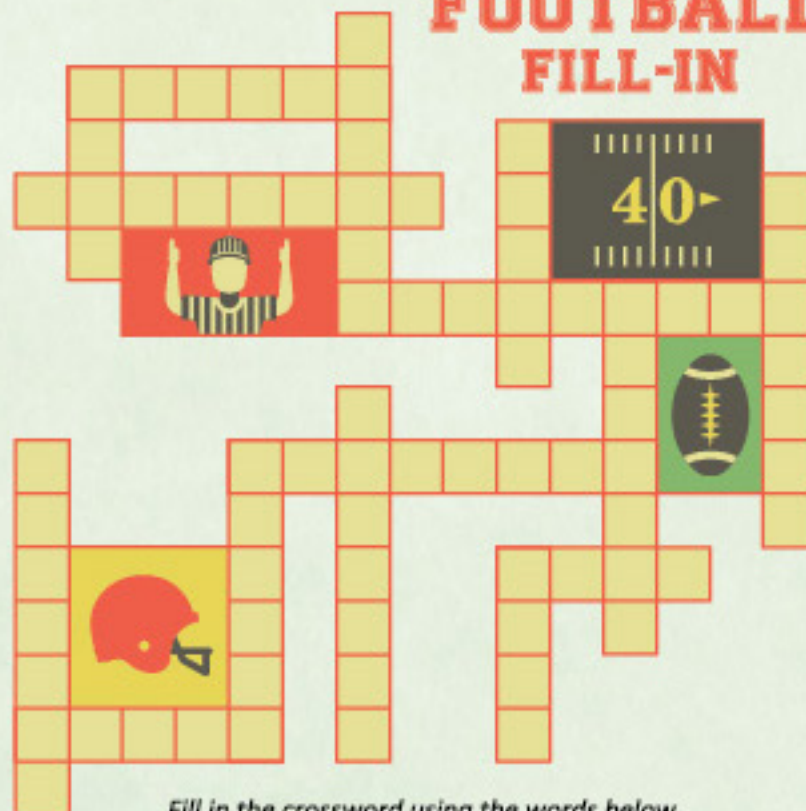
## READING EVERY DAY

In honor of September's International Literacy Day, we encourage you to read. Read to your children, read for fun and read to learn. This year check with your local schools or in your community to find someone you could coach to read.

Stress reduction, mental stimulation, vocabulary expansion and memory improvement are just a few of the great gains of reading. Carve out some daily time to read to enhance these benefits.

Your local library offers great tips on books of interest and books are free to check out. There are other great options online for free ebooks.

## FOOTBALL FILL-IN



Fill in the crossword using the words below.

- |                  |                  |                  |                  |                  |
|------------------|------------------|------------------|------------------|------------------|
| <b>4 LETTERS</b> | <b>5 LETTERS</b> | <b>6 LETTERS</b> | <b>7 LETTERS</b> | <b>8 LETTERS</b> |
| FLAG             | BLOCK            | FUMBLE           | DEFENSE          | HALFTIME         |
| PASS             | SCORE            | HELMET           | KICKOFF          | TAILGATE         |
| PUNT             |                  | TACKLE           | OFFENSE          |                  |
|                  |                  |                  | PENALTY          | <b>9 LETTERS</b> |
|                  |                  |                  |                  | TOUCHDOWN        |

LEWIS LETTERWORKS

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## TAG – YOU'RE IT!

National Family Health & Fitness Day promotes family involvement in physical activity.

This is one of the goals of the U.S. Surgeon General's Report on Physical Activity and Health.

Here are some fun ways for every member of your family to get fit.

- Think of some outdoor games you can play together - Frisbee, volleyball, tag, hopscotch, etc.
- Volunteer – and get sweaty doing it!
- Who doesn't like to dance? Boogie down.
- Be a ninja! Go to the woods and climb over logs, jump rocks, swing on low tree branches.
- Clean together – but make it a game.
- Watching TV? Make every commercial a fitness class.
- International Day of Charity is September 5. Find a worthy cause and sign up for their 5K.



## PATRIOT DAY

A presidential proclamation stated that 9/11 should be observed as Patriot Day and National Day of Service and Remembrance.

It is in honor of all who lost their lives in the attack on September 11.

Let's pause this day to remember, to love and to serve one another.