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July						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

- July 1-3 – **Nashville Sounds vs. Oklahoma City Dodgers**
- July 4 – **Let Freedom Sing!**: Downtown Nashville
- July 6 – **Soggy Bottom Boys**: Ryman Auditorium
- July 6 – **MercyMe**: Ascend Amphitheater
- July 7 – **Yonder Mountain String Band**: Ryman Auditorium
- July 7 – **My Morning Jacket**: Ascend Amphitheater
- July 7-9 – **Nashville Sounds vs. Memphis Redbirds**
- July 8 – **CONCACAF Gold Cup**: Nissan Stadium
- July 8 – **Nashville Symphony: Pokémon**: Ascend Amphitheater
- July 8-9 – **Heroes & Villains Fan Fest**: Music City Center
- July 9 – **Jill Scott**: Ryman Auditorium
- July 10 – **OneRepublic**: Ascend Amphitheater
- July 10 – **Dancing with the Stars**: Grand Ole Opry House
- July 12 – **James Taylor**: Bridgestone Arena
- July 13 – **Dailey & Vincent**: Ryman Auditorium
- July 14 – **David Blaine**: Ryman Auditorium
- July 16 – **Sam's Place**: Ryman Auditorium
- July 16 – **Hans Zimmer**: Ascend Amphitheater
- July 19 – **Ted Nugent**: Ryman Auditorium
- July 20 – **Infamous Stringdusters**: Ryman Auditorium
- July 21 – **Steve Earle**: Ryman Auditorium
- July 21-23 – **Flea Market**: The Fairgrounds Nashville
- July 22 – **The Moody Blues**: Ryman Auditorium
- July 22 – **Styx & REO Speedwagon**: Ascend Amphitheater
- July 23 – **Tig Notaro**: TPAC
- July 25 – **Against All Odds Tour**: Municipal Auditorium
- July 25-28 – **Nashville Sounds vs. Las Vegas 51s**
- July 27 – **Ricky Skaggs**: Ryman Auditorium
- July 28 – **Foreigner & Cheap Trick**: Ascend Amphitheater
- July 28-30 – **Little Big Town**: Ryman Auditorium
- July 29 – **Manchester City vs. Tottenham Hotspur**: Nissan Stadium
- July 29 – **Logic**: Ascend Amphitheater
- July 29-31 – **Nashville Sounds vs. Salt Lake Bees**
- July 30 – **Slayer**: Municipal Auditorium
- July 31 – **Shawn Mendes**: Bridgestone Arena
- July 31 – **Foster the People**: Ryman Auditorium
- July 31 – **Goo Goo Dolls**: Ascend Amphitheater

All dates subject to change without notice



Grilling

The Fire Marshal's office has asked us to remind you that grills are not to be used or stored on your patios or balconies. For a great barbecue, we do provide barbecue grills for your use. Contact the office for any questions you may have regarding the use of grills.

Don't Lose Your Cool

Keeping your cool can be difficult to do when your air conditioner doesn't work properly. If you find that the air conditioner is not cooling, turn the unit off and contact the office with a service request. Allowing the unit to continue running will cause it to freeze up and will take longer to repair.

Vacation Plans

Have plans to get away for a few days? Good for you! We hope you have a wonderful time. Here are a few things you may want to do before you leave:

- Pay your rent and other bills if they will be due while you're gone.
- Lock all doors and windows.
- Have your mail stopped, or arrange for someone to pick it up for you.
- Let someone know how to get in touch with you in an emergency.
- Don't forget to leave your pets in someone's trusted hands!

Enjoy your vacation!

Stay Cool in the Summer Heat

- Drink a lot of fluids to keep your body hydrated. Carry bottled water with you when you are going to be outside for extended periods.
- Use sunscreen to protect your skin from the sun's harmful rays.
- Wear loose-fitting, light-colored clothes to keep your body cool.
- Use sunglasses and a hat to protect your eyes.

Keep Sparks Away From Sparky

When it comes to fireworks, animal experts agree: pets and fireworks don't mix. The possible dangers to the animal are numerous, plus there's little doubt that most animals are bothered if not terrified by the loud explosions and noises fireworks create. Many animals are frightened even during normal occurrences such as thunderstorms. Loud noises generally scare most animals. The Fourth of July can be a terrible time for them, and the sounds from fireworks can cause even greater fear. Loud explosions can even trigger some illnesses such as epilepsy (seizures). Another big reason to keep Sparky away from all the sparks is that animals—especially dogs—can chew on exploded or unexploded fireworks, and the ingredients in them are toxic. They can cause severe stomach and digestive trouble, possibly even death, if ingested.

Be a good pet owner and don't let your pet near fireworks. The possibility of danger and stress to your pet is very real. Keep pets indoors if fireworks are being set off nearby. Use the radio or TV to drown out the sound. Stay with your pet if possible.

July 2017

staff

- David Hummer**
Property Manager
- Morgan Belcher, NALP**
Assistant Manager
- Rodney Allison**
Maintenance Supervisor
- Kevin Norton**
Maintenance
- Tyler Anderson**
Groundskeeper
- Officer Wright**
Courtesy Officer

office/clubhouse hours

- Monday-Friday**
8:30am - 5:30pm
- Saturday**
10:00am - 4:00pm
- Sunday**
Closed

laundry hours

Open 24 Hours

fitness center

Open 24 Hours

pest control

Wed., July 12
Bldgs. 6-9

0719

The Saxony

APARTMENTS

700 Saxony Lake Drive
Antioch, TN 37013
(615) 331-8751

Our office will be closed on Tuesday, July 4, in observance of Independence Day, but we will reopen on Wednesday, July 5. Please make sure your rent is paid on time.

Celebrate Wisely

We wish everyone a happy Fourth of July holiday! As you celebrate the independence of our great country, we would like to remind you that fireworks are not to be set off on the property. This policy has been established by the local authorities for the benefit of everyone. Be aware that even sparklers can be dangerous and should be used only with extreme caution and common sense.

Leave the fireworks to the professionals and visit a public display in our area. So sit back, relax and have a safe holiday.

Fun With Friends

July is a fun month to get together with friends, and your guests are always welcome at our community. Remember that you must accompany them whenever they use our facilities. Most importantly, remember you are responsible for the conduct of your guests and responsible for seeing that they too abide by all Community Policies and Procedures. Please help make their stay more enjoyable by informing them of the community policies in advance. Thanks for your cooperation, and we hope you and your guests have a wonderful time!





THREE CHEERS FOR THE RED, WHITE AND BLUE!

Fly your flag proudly this July 4th. We love the colors of our flag, but did you know they have meaning?

White signifies purity and innocence; red stands for hardiness and valor, and blue proclaims vigilance, perseverance and justice. You can find their HTML codes and Pantone equivalents on the Department of State's style guide.

Did you know that Neil Armstrong placed the first American flag on the moon as part of the Apollo 11 mission in July 1969? Five more U.S. flags have since been planted on the lunar surface.

The flag that was immortalized in Francis Scott Key's tune during the War of 1812 is one of the few remaining specimens of a 15-star, 15-bar flag. It is on permanent display at the Smithsonian's National Museum of American History.

Other names for our flag are "The Stars and Stripes," "The Star-Spangled Banner," "The Red, White, and Blue" and "Old Glory."

After 9/11, "God Bless America" became common during the seventh-inning stretch along with "Take Me Out to the Ball Game".

Go to our Pinterest page at Hassle Free Newsletter to find out how "The Star-Spangled Banner" became a national pastime at ballgames in 1918.



You're a grand old flag, you're a high flying flag, and forever in peace may you wave.

- GEORGE M. COHAN



Cool in the Kitchen

Don't let the heat outside keep you from fun in the kitchen!

Look for island-inspired recipes from Jamaica, Hawaii and other tropical locations. Try some fish dishes and purchase local fruit and vegetables from your farmer's market. Summer salad recipes are always a favorite!

We've got some delicious, easy and no-cook meals on our Hassle-Free Newsletter Pinterest page.

CRUNCHY TOSSED Salad

- 1/2 C. vegetable oil
- 1/4 C. sugar
- 2 Tbs. apple cider vinegar
- 1 Tsp. salt
- 1/4 Tsp. pepper
- 1 large head lettuce – broken into bite-size pieces
- 1 jar or large packet of real bacon bits or 6 bacon strips (cooked and crumbled)
- 4 green onions, sliced (use the green and white portion of the onions if desired)
- 2 C. chow mein noodles (crushed)

The first five ingredients make the dressing.

In a jar with tight-fitting lid combine those five ingredients and shake well.

Chill the dressing for one hour.

Just before serving, combine the lettuce, bacon bits or crumbled bacon, onions and add the chow mein noodles last.

Add the chilled dressing, toss and serve.

HOME Sweet HOME

Want to make your home look a bit more "summery"? Try out these inexpensive ideas to bring the sun into your home.

Change your doormat for one with bright, vibrant colors. Or decorate one to your liking.

Find some curtains to hang in the main room of your house. Pick a light fabric in your desired color or pattern.

Add something nautical to the room. A blue vase, sea shells, a beach sign.

Buy a couple of new couch or chair pillows with a summer feel. You can reuse them year after year.

Plants are a great way to bring the outdoors in! Even faux flowers can work by placing them in a vase with water.

Buy colorful napkins as displays on your dining table.

Display fruit. Nothing says summer like that!

Don't forget your balcony or patio. Dress it up with a plant, a summer pillow, maybe a comfy chair!



Fill in the crossword puzzle using the words provided.

- 3 LETTERS
RED
USA
- 4 LETTERS
BLUE
FLAG
FREE
JULY
- 5 LETTERS
PROUD
STARS
WHITE
- 6 LETTERS
FAMILY
FOURTH
SUMMER
- 7 LETTERS
FREEDOM
LIBERTY
STRIPES

Summer Savings

NEED TO SAVE SOME MONEY THIS SUMMER?

Here are some tips to get you going.

- According to Energy Star, almost half the energy used in your home goes toward heating and cooling. Turning up your temperature by only one degree can save you 3 percent on your utility bills.
- Plan a staycation. Week long vacations can run \$1,700 and up. Plan day trips in your town or nearby destinations. Pack fun picnics. Get maps and let the kids help with navigation. Tour museums, parks, hiking – the list is endless!
- Camp anyone? Camps through your recreation department, community center or YMCA can be affordable. Also check churches, zoos, museums and aquariums. Still too expensive? See if grants are available.
- Shop garage sales, flea markets and thrift stores for summer clothes and shoes. And then do the same for fall clothes.
- Consider cancelling your cable TV for the summer. Instead pick up Netflix or Hulu. Rent a "new release" and have a movie night complete with food and drinks.
- Festivals are in abundance in the summer and many of them are free!
- Always pack lunches during the work week. Upward savings of \$80+ a month.



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Check out our Pinterest page Hassle Free Newsletter to see even more great ideas!