



### Winter Pet Safety Alert

We like to look out for all our residents – even our furry ones. Pet policies are written for the safety of your pets and the benefit of your neighbors. During winter, rock salt, de-icing chemicals and antifreeze can harm pets if they are ingested. Let's keep our furry friends safe at all times.

### Keep Warm Safely

- Keep space heaters at least three feet away from any other object and place on a level, flat surface – never on cabinets, tables or furniture. Plug directly into a wall outlet – do not use an extension cord or power strip.
- Do not use your oven to heat your home. It can emit carbon monoxide.
- Rolled-up blankets or towels placed at the base of any exterior door can help keep cold drafts from entering.

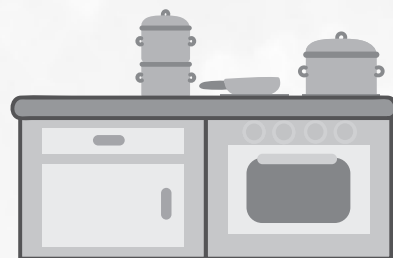
### Get Organized

Your entryway is a great place for keys, bags, coats, mail, etc., but it can get unorganized very quickly. Here are a few tips that might help:

- Have a tray or basket for shoes, and perhaps another with slippers when shoes are taken off.
- Create an entryway console – anything from one stacked crate per person to a cabinet with storage. Each person has a designated space for their stuff.
- If you don't have a coat closet, hang some decorative hooks close to the door for coats, scarves, purses.
- Use a basket for mail, and go through the mail once a week – recycle and respond.

### Kitchen Safety

- Don't use a dull knife. You apply more force when using a dull knife, so it's easier to cut yourself.
- Place a damp paper towel under a cutting board to keep it from sliding around.
- Don't use damp pot holders, which conduct heat rather than shield from it. Make sure a dry pair is always available.
- To control a grease fire in a pan on your stove, quickly slide a lid over the pan to smother the flame. Do not douse with water, which can splatter the grease and flame, perhaps on you.
- Wash kitchen sponges, dishcloths and hand towels every few days, and let them dry thoroughly between uses.



S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	FEBRUARY			

Feb. 1-Mar. 10 – “Llama, Llama, Red Pajama”: Nashville Children's Theater  
 Feb. 2 – Noah Kahan: Ryman Auditorium  
 Feb. 3 – Winter Jam: Bridgestone Arena  
 Feb. 3-4 – Shen Yun Performing Arts: TPAC  
 Feb. 4 – My 2000s Playlist: Bridgestone Arena  
 Feb. 4 – Mitchell Tenpenny: Ryman Auditorium  
 Feb. 5 – Night Ranger: Ryman Auditorium  
 Feb. 5 – Stephen Sharer: Grand Ole Opry House  
 Feb. 6 – Tove Lo: Ryman Auditorium  
 Feb. 6 – Paramore: Grand Ole Opry House  
 Feb. 7 – Nashville Predators vs. Vegas Golden Knights  
 Feb. 7 – Big Thief: Ryman Auditorium  
 Feb. 8 – Flogging Molly: Ryman Auditorium  
 Feb. 9 – Andrea Bocelli: Bridgestone Arena  
 Feb. 9 – Dancing with the Stars: Grand Ole Opry House  
 Feb. 9-10 – Blackberry Smoke: Ryman Auditorium  
 Feb. 10-12 – Ballet: “Attitude: Anthology”: TPAC  
 Feb. 10-12 – “Why Would I Mispronounce My Own Name?": TPAC  
 Feb. 11 – Family Day: TPAC  
 Feb. 11 – Colony House: Ryman Auditorium  
 Feb. 12 – PIHarmony: Grand Ole Opry House  
 Feb. 13 – Nashville Predators vs. Arizona Coyotes  
 Feb. 14 – Death Cab for Cutie: Ryman Auditorium  
 Feb. 15-16 – Ashley McBryde: Ryman Auditorium  
 Feb. 16 – Nashville Predators vs. Boston Bruins  
 Feb. 16 – Voctave: TPAC  
 Feb. 17 – Adam Sandler: Bridgestone Arena  
 Feb. 17 – Cory Wong: Ryman Auditorium  
 Feb. 18 – Nashville Predators vs. Florida Panthers  
 Feb. 18 – Kathleen Madigan: Ryman Auditorium  
 Feb. 19 – TobyMac: Bridgestone Arena  
 Feb. 20 – Bush: Ryman Auditorium  
 Feb. 21 – Nashville Predators vs. Vancouver Canucks  
 Feb. 21 – Bobby Bones: Ryman Auditorium  
 Feb. 21-26 – “Six”: TPAC  
 Feb. 22 – Gregory Porter: Ryman Auditorium  
 Feb. 23-25 – Tedeschi Trucks Band: Ryman Auditorium  
 Feb. 24-25 – Billy Strings: Bridgestone Arena  
 Feb. 25 – Acoustic Rooster's Barnyard Boogie: TPAC  
 Feb. 26 – Billy Strings: Ryman Auditorium  
 Feb. 28 – Nashville Predators vs. Pittsburgh Penguins

All dates subject to change without notice



### FEBRUARY 2023

#### STAFF

Morgan Belcher, NALP  
 Property Manager  
 Kristin Lilley  
 Assistant Manager  
 Brandy Bradley  
 Maintenance Supervisor  
 Bryan Demonbreun  
 Maintenance Tech  
 Jonathan Mendoza  
 Groundskeeper  
 Ted Meskers  
 Courtesy Officer

#### OFFICE/ CLUBHOUSE HOURS

Monday-Friday  
 8:30am - 5:30pm  
 Saturday  
 10:00am - 4:00pm  
 Sunday  
 Closed

#### LAUNDRY HOURS

Open 24 Hours

#### FITNESS CENTER

Open 24 Hours

#### PEST CONTROL

Fri., Feb. 17  
 Bldgs. 10-13

0214

# The Saxony APARTMENTS

700 Saxony Lake Drive  
 Antioch, TN 37013  
 (615) 331-8751

### At Your Service

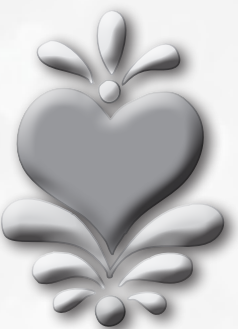
When something breaks in your home, you might see it as a problem. But when you notify the management office about the needed repair, we see it as a way to prove how important you are to us. In order for you to receive the reliable service you deserve, please report maintenance requests through the office and not to a maintenance team member on the property. Please do not delay in reporting your requests in order to avoid even worse damage that will take more time to repair. Besides, we want to send one of our experienced maintenance team members to save the day!

### Groundhog Day

National folklore has it that on February 2 a groundhog will come out of its home, and if it sees its shadow, there will be six more weeks of cold and dreary winter weather. If it doesn't, spring is just around the corner. This tradition was started by German immigrants who originally used badgers to predict spring's coming in their native land. Since groundhogs were easier to find in their new country, Groundhog Day emerged.

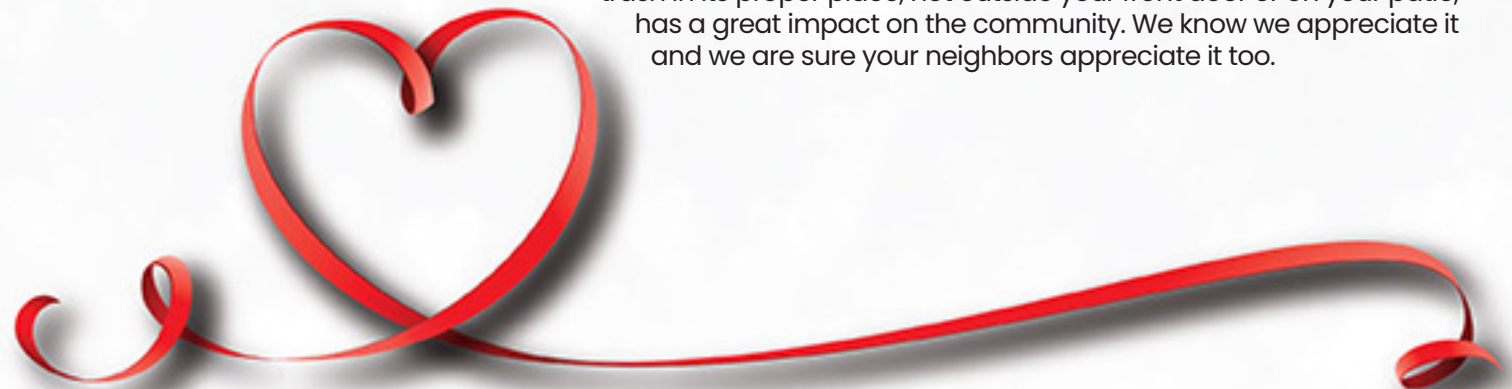
### Valentine Traditions

The symbols you see on cards and gifts during this time of the year have been around for centuries. Red hearts are used most often and have stood for love since ancient times. Ribbons are taken from the days when ladies gave a ribbon to their favorite knight in shining armor before he went into battle. Lace decorates cards and boxes of candy and is a Latin word meaning “to catch,” so lace was supposed to catch the heart of a loved one. Cupid, the Roman god of love, uses his bow and arrows to shoot love into people's hearts.



### Thanks!

The entire staff appreciates your efforts in helping keep the community beautiful. Keeping trash in its proper place, not outside your front door or on your patio, has a great impact on the community. We know we appreciate it and we are sure your neighbors appreciate it too.





# Have Courage and BE KIND

Kindness seems to be lacking in our world today, but the good news is that YOU can turn it around, and it's absolutely free.

To celebrate "Random Acts of Kindness" Day on 2/17, find one thing you can do for someone else every day in February.

If we all would practice this on a daily basis, think how good our city could be!

## Galentine & Valentine

### Galentine (13th) is a great night out for the ladies!

Get with your friends and enjoy a dinner, movie, spa time, or just hang out.

### Valentine (14th) is a fun time with the one you love.

Think of some fun and creative things you can do together. Although a night out can be expensive, you can have a delightful dinner with just the two of you, watch a movie, or be together.

## GO RED FOR Women



It's more than just a color. We encourage you to wear red on Friday, February 3, in support of women's heart health issues. Know your numbers, know your body, and wear red for women!

Take time to educate yourself on how you can change your lifestyle to make sure you don't suffer from heart issues. If you think you might have a heart condition, STOP and go see your doctor or the nearest emergency room.

### FAMOUS



### COUPLES

Fill in the blank to finish the famous couples.

- MICKEY MOUSE & \_\_\_\_\_
- \_\_\_\_\_ & RICKY RICARDO
- SONNY & \_\_\_\_\_
- \_\_\_\_\_ & THE TRAMP
- BONNY & \_\_\_\_\_
- \_\_\_\_\_ & EVE
- ANTHONY & \_\_\_\_\_
- \_\_\_\_\_ & JULIET
- OZZIE & \_\_\_\_\_
- \_\_\_\_\_ & RHETT BUTLER
- LANCELOT & \_\_\_\_\_
- QUEEN VICTORIA & \_\_\_\_\_



### CHERRY CHEESECAKE PIE

- 1 can sweetened condensed milk (14 oz)
- 1 eight ounce package of cream cheese, softened
- 1/3 cup lemon juice
- 1 teaspoon vanilla extract
- 1 nine-inch graham cracker crust
- 1 can cherry pie filling (21 ounce)

Combine condensed milk, cream cheese, lemon juice, and vanilla in a mixing bowl; beat until blended. Pour mixture into pie crust. Chill for at least 5 hours. Top with can of cherry pie filling and serve.

## Black History Month

Black History is our history! The month of February is set aside to honor and learn about the men and women who have broken barriers of race and prejudice to bring recognition and advancement to African-Americans. Google one special person each day in February. Just think of all you will have learned in one month!

WED	THURS	FRI	SAT	SUN	MON	TUES	WED	THURS	FRI	SAT	SUN	MON	TUES	WED	THURS	FRI	SAT	SUN	MON	TUES	WED	THURS	FRI	SAT	SUN	MON	TUES
ALTHEA GIBSON	GEORGE WASHINGTON CARVER	SHIRLEY CHISHOLM	THOMAS JENNINGS	ARTHUR ASHE	CARL STOKES	CHARLEY PRIDE	GEORGE THOMAS DOWNING	JACKIE ROBINSON	COLIN POWELL	MADAM C.J. WALKER	SCOTT JOPLIN	GALE SAYERS	TONI MORRISON	THURGOOD MARSHALL	JACK JOHNSON	JON MERCER LANGSTON	CLARA BROWN	NAT KING COLE	MARIAN ANDERSON	SARAH E. GOODE	GULON BLUFORD	FREDERICK DOUGLASS	GEORGE MONROE	BESSIE COLEMAN	MAGGIE LENA MITCHELL WALKER	CARL WEATHERS	

## CELEBRATING OUR First Ladies ON PRESIDENTS DAY



Our First Ladies served alongside the Presidents. When wives were not available, our First Ladies were daughters, sisters, daughters-in-law, and nieces of Presidents. Here are some fun facts about these ladies.

**Abigail Adams** (John Adams) was a president's wife and the mother of a president. **Mrs. Barbara Bush** was another.

**Martha Jefferson**, daughter of President Thomas Jefferson, served in her mother's place. She was the first to give birth in the presidential mansion.

President William Henry Harrison's daughter-in-law served as the White House hostess for the shortest time—30 days—due to his death a month after his inauguration.

**Sarah Polk** (James Polk) was the president's secretary and did not take a salary. During her tenure, dancing and card playing were forbidden.

**Eliza Johnson**, wife of Andrew Johnson, had tuberculosis which prevented her from performing her duties as First Lady. Their daughter, **Martha Patterson**, was the hostess. She milked cows at the White House every morning.

**Lucy Hayes** (Rutherford B. Hayes) hosted the first Easter Egg Roll on the White House lawn.

**Helen "Nellie" Taft** (William Howard Taft) was the first First Lady to own and drive a car, to support women's suffrage, to smoke cigarettes, and successfully lobby for safety standards in federal workplaces.

**Edith Wilson**, second wife of Woodrow Wilson while in office, was a direct descendant of American Indian princess Pocahontas.

**Lou Hoover** (Herbert Hoover) spoke Chinese fluently.

**Jacqueline Kennedy** (John F. Kennedy) won an Emmy Award for her television tour of the White House.

**Pat Nixon** (Richard Nixon) created White House tours for the blind and deaf. She also was the first First Lady to wear pants in public.

**Barbara Bush** (George H.W. Bush) wrote a memoir from her dog's perspective.

**Michelle Obama's** (Barack Obama) causes included Let's Move—targeting childhood obesity—and aid for military families.