

S	M	T	W	T	F	S
dec	1	2	3	4	5	
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Dec. 1 – **Nashville Predators vs. Arizona Coyotes**  
 Dec. 1-20 – **"A Christmas Story"**: Nashville Repertory Theater, TPAC  
 Dec. 1-27 – **Dr. Seuss' "How the Grinch Stole Christmas"**: Grand Ole Opry House  
 Dec. 2, 3, 9, 10, 16, 17, 22, 23 – **Amy Grant & Vince Gill**: Ryman Auditorium  
 Dec. 3 – **Nashville Predators vs. Florida Panthers**  
 Dec. 4 – **Awolnation**: War Memorial Auditorium  
 Dec. 5 – **Nashville Christmas Parade**  
 Dec. 5-6 – **Goodman Gun Show**: The Fairgrounds Nashville  
 Dec. 5-23 – **Ballet: Nashville's "Nutcracker"**: TPAC  
 Dec. 6 – **Tennessee Titans vs. Jacksonville Jaguars**  
 Dec. 6 – **Brian Setzer Orchestra**: Ryman Auditorium  
 Dec. 10 – **Nashville Predators vs. Chicago Blackhawks**  
 Dec. 10-13 – **Santa's Sugar Plum Market**: Music City Center  
 Dec. 11 – **Amy Schumer**: Bridgestone Arena  
 Dec. 11 – **Matt Wertz's Snow Globe Live**: TPAC  
 Dec. 12 – **Nashville Predators vs. Colorado Avalanche**  
 Dec. 12 – **Nashville In Harmony**: TPAC  
 Dec. 12 – **A John Waters Christmas**: War Memorial Auditorium  
 Dec. 13 – **TobyMac**: Bridgestone Arena  
 Dec. 13 – **Home Free**: TPAC  
 Dec. 13 – **City & Colour**: War Memorial Auditorium  
 Dec. 13-14 – **Andrew Peterson**: Ryman Auditorium  
 Dec. 15 – **Nashville Predators vs. Calgary Flames**  
 Dec. 18-20 – **Flea Market**: The Fairgrounds Nashville  
 Dec. 19 – **Nashville Predators vs. Minnesota Wild**  
 Dec. 20 – **The Arcs**: Ryman Auditorium  
 Dec. 21 – **Nashville Predators vs. Montreal Canadiens**  
 Dec. 21 – **A Johnnyswim Christmas**: Ryman Auditorium  
 Dec. 26 – **Nashville Predators vs. Detroit Red Wings**  
 Dec. 27 – **Tennessee Titans vs. Houston Texans**  
 Dec. 28 – **Nashville Predators vs. New York Rangers**  
 Dec. 28 – **Dancing with the Stars**: Ryman Auditorium  
 Dec. 29 – **Dave Rawlings**: Ryman Auditorium  
 Dec. 30 – **Music City Bowl**: Nissan Stadium  
 Dec. 30-31 – **Old Crow Medicine Show**: Ryman Auditorium  
 Dec. 31 – **Moon Taxi**: War Memorial Auditorium  
 Dec. 31 – **New Year's Eve Bash on Broadway**: Riverfront Park

All dates subject to change without notice

## Holiday Puppy

Is Santa bringing you a pet this year for Christmas? If a pet was on your wish list, remind Santa to abide by our pet policies and check with us before he delivers it. We love our furry friends but have guidelines of which ones would be best in our community and rules that all pets and pet owners must abide by. Thanks, and we hope Santa brings you everything on your list.

## Special Delivery

During the holiday season, the office will gladly accept packages that are delivered to you. However, we ask that you please pick them up promptly, as our space in the office is limited. The office cannot be held responsible for your packages.

## Trash It

December brings lots of packages and presents and lots of trash. When it is time to take out your trash, please make sure it is all properly bagged and placed inside the dumpster. Please break down boxes before placing them in the dumpster. If the dumpster closest to you is full, please take your trash to another dumpster in our community. We want to keep the grounds, including the areas around the dumpster, clean and free of litter. Proper disposal of trash will help.



december 2015

### Staff

**David Hummer**  
Property Manager  
**Brittany Ambrose, NALP**  
Assistant Manager  
**Rodney Allison**  
Maintenance Supervisor  
**Kevin Norton**  
Maintenance  
**Joshua Zambrano**  
Groundskeeper  
**Officer Wright**  
Courtesy Officer

### Office/Clubhouse Hours

**Monday-Friday**  
8:30am - 5:30pm  
**Saturday**  
10:00am - 4:00pm  
**Sunday**  
Closed

### Laundry Hours

**Open 24 Hours**

### Fitness Center

**Open 24 Hours**

### Pest Control

**Wed., Dec. 9**  
**Bldgs. 10-13**

**1 2 2 5**



700 Saxony Lake Drive  
 Antioch, TN 37013  
 (615) 331-8751

# The Saxony APARTMENTS

## Season's Greetings!

We hope all our residents can take the time this year to enjoy the holidays. The entire staff of The Saxony wishes you peace, health and happiness this holiday season and in the upcoming year.

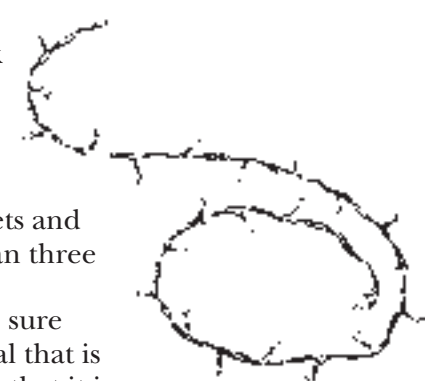
## Happy Holidays from The Saxony Staff!

A reminder that the office will be closed on **Friday, December 25** for the holidays. For maintenance emergencies or to contact the courtesy office during this time, please call the office at (615) 331-8751 and leave a detailed message.

## Decorating Safely

Although trees, lights and candles help homes look festive, don't sacrifice safety in the name of holiday decorating.

- Place Christmas trees away from fireplaces and other heat sources to prevent fires.
- Check your tree lights for broken or frayed sockets and wires or any loose connections. Use no more than three light sets on one extension cord.
- Don't treat old tinsel as a family heirloom. Make sure your tinsel and garlands are made of new material that is nonflammable. If using an artificial tree, be sure that it is fire-resistant.
- Turn off all lights and other decorations at bedtime or when you leave home. And of course, never leave burning candles unattended or in reach of small children.



# DECEMBER

Smooth Sailing  
during The Busy Season



Busyness can be tamed with a calendar. Even if you don't normally use one, either a paper calendar printout or your phone's calendar can help. Write down every December event, school function, business travel, party to help you have an organized holiday season.

Are there some places in your home that you wanted to straighten up, declutter, switch furniture around? It is manageable by spending 30 minutes a day on that particular project. Start in the most important room and finish it before you move to another room.

Write down a holiday gift list. Put everyone down (family, teachers, bosses, etc.). Make sure your budget fits each gift. Consider gift cards – even \$5 ones!

Do you send holiday cards? Prep your list now. Are you including a photo? Take it now and shop around to get the best price in printing them. You could save money this year and just post greetings and a photo to your friends and family on FaceBook, Instagram, etc.

The holidays speed by. Take a minute before the end of the season to journal memorable events - something the kids said, a special event that happened, gatherings with family and friends.

Be mindful of others by giving or donating your time and money to those less fortunate. Whether it's a cause right in your neighborhood or halfway across the world, you'll find that it is truly better to give than to receive.



## Healthy Holidays

Try these tips to stay healthy during the busy holiday season:

- Wash your hands often with soap and water.
- Manage stress by keeping yourself organized and getting plenty of sleep.
- Pack a high protein snack for when you're shopping.
- Watch what you eat at parties. It's ok to give in occasionally, but manage your portions.
- Get at least 2 1/2 hours a week of activity. Children/teens should be active for 1 hour a day. Treat it as you would any task – write it on your calendar. Whatever you are doing, sneak in exercise.
- Pomegranates are in peak season in December and can be stored in your refrigerator for up to two months. This fruit offers Vitamin C, potassium, fiber and antioxidants.
- Drink lots of water! For every other beverage you drink, gulp a glass of water.

Follow us on Instagram and post a picture of your dish! #hfnrecipe15

### Christmas Crackers

- 48 Saltine crackers
  - 1 cup butter
  - 1 cup brown sugar
  - 6 oz. of semi-sweet chocolate chips
  - 6 oz. white chocolate chips
- or you may use 12 ounces of either the chocolate chips or the white chips

Preheat oven to 400 degrees. Line a 15 X 10 baking sheet with foil and coat with a non-stick spray. Line the foil with the crackers. In a saucepan melt butter with the brown sugar stirring constantly as this will burn easily. Immediately spoon the butter/brown sugar mixture over the crackers making sure all of the crackers are covered. Bake 3 – 4 minutes until the crackers are slightly puffed and bubbly. Remove from oven and immediately sprinkle the chips over the top. Let stand 1 – 2 minutes or until the chips are melted. Spread over the crackers evenly as soon as they have begun to melt. Sprinkle with crushed peppermint, nuts or sprinkles for the festive effect. Refrigerate until it is set. Cut into squares (as much as possible using the cracker outline). Keep tightly sealed in a cool place.



## Christmas BY THE NUMBERS



The poinsettia is named after Joel R. Poinsett, an American minister to Mexico, who brought a red and green plant from Mexico to America in 1828.

The first "Christmas trees" explicitly decorated and named appeared in Strasbourg at the beginning of the 17th century.



The first living nativity was created in 1224 by St. Francis of Assisi.



The Philippines has earned the distinction of celebrating the world's longest Christmas season, with Christmas carols heard as early as September 1st.

According to reports from Captain John Smith in 1607 in Jamestown, Virginia, he noted they consumed "Nog", which refers to any drink made with rum.

Many of our friends in the southern hemisphere, celebrate the holiday season with beach time and outdoor barbecues. It's not unusual for some places of Australia to hit 100 degrees on Christmas Day.



START



## Best 2015 Gifts

Want to know some of the "hot" items to shop for? Try these!

- Converse High Top Shoes
- Blue tooth speakers
- iPhone 6s in Rose Gold
- Xbox One or PlayStation 4
- Wireless headphones
- Drones
- Tablets
- Cricut
- Etsy gifts
- Fitbit Flex
- TiVo Roamio



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