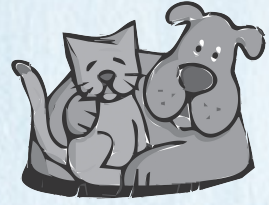


Watch Out for Kids

As the weather warms, kids will be outside playing. As you drive through our community, please be aware of children playing. Notice the speed limit signs and take care of the youngest in our neighborhood.



National Pet Day

Celebrated annually on April 11, National Pet Day is an unofficial holiday to encourage all of us to show our pets some extra attention. If you have a pet, you can do something special by taking it for a long walk, buying it a special treat or maybe just by spending a little bit of extra time with it.

Be Safe In Your Home

Falls can be the most fatal injury in the home with more than one-third of adults 65 and older falling each year. Try these safety measures to prevent slips and falls:

- Remove tripping hazards such as throw rugs, furniture and clutter from walkways.
- Use self-adhesive non-skid mats or safety treads in bathtubs and showers.
- Use non-skid rugs on bathroom floors.
- Use non-skid pads under rugs on bare floors.
- Improve lighting.
- Avoid walking barefoot or in slippers. Wear shoes inside.

Goodbye, Winter Clothes

Are you ready to ditch the sweaters and boots in exchange for all things light and airy? Here are a few tips to get you started in changing out your clothing seasons:

- It's a great time to purge your clothes. Haven't worn it in a while? Donate or sell.
- Pick the right container for storage. Plastic is good – just make sure it's not airtight and is able to breathe. Some wood and cardboard boxes contain chemicals that could transfer to your clothes.
- Need space? Consider vacuum-packed bags. Keep in mind that fabrics like wool need to breathe.
- Once your clothes are sorted and packed away, store in a spot that's cool, dry and away from sunlight.



S	M	T	W	T	F	S
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23	24	25	26	27	28	29
30						

Apr. 1 – *Predators vs. St. Louis*
 Apr. 1 – *Goose*: Ryman Auditorium
 Apr. 1-2 – *Sounds vs. Louisville*
 Apr. 1-2 – “*The Curious Incident of the Dog in the Night-time*”: TPAC
 Apr. 2 – *Miranda Sings Live*: TPAC
 Apr. 2 – *Los Angeles Azules*: TPAC
 Apr. 2-3 – *Caedmon's Call*: Ryman Aud.
 Apr. 4 – *Predators vs. Las Vegas*
 Apr. 4 – *Breland*: Ryman Auditorium
 Apr. 6 – *Predators vs. Carolina*
 Apr. 6 – *The Mountain Goats*: Ryman Auditorium
 Apr. 7 – *Chris Tomlin*: Bridgestone Arena
 Apr. 7 – “*Hits: The Musical*”: TPAC
 Apr. 7, 13 – *Morgan Wade*: Ryman Aud.
 Apr. 8 – *Banda MS y Eden Munoz*: Bridgestone Arena
 Apr. 8 – *Rodney Carrington*: TPAC
 Apr. 8 – *David Sedaris*: TPAC
 Apr. 8 – *LeAnn Rimes*: Ryman Auditorium
 Apr. 10 – *Aly & AJ*: Ryman Auditorium
 Apr. 11 – *Chase Rice*: Ryman Auditorium
 Apr. 11-16 – *Sounds vs. Norfolk*
 Apr. 13 – *Predators vs. Minnesota*
 Apr. 13-May 21 – “*Hip Hop Cinderella*”: Nashville Children's Theater
 Apr. 14 – *Predators vs. Colorado*
 Apr. 14-15 – *Lady A*: Ryman Auditorium
 Apr. 15 – *Nashville Cherry Blossom Festival*: Public Square Park
 Apr. 15 – *Luke Combs*: Nissan Stadium
 Apr. 15 – *Nate Bargatze*: Bridgestone Arena
 Apr. 15 – *Karlous Miller*: War Memorial Auditorium
 Apr. 16 – *New Edition*: Bridgestone Arena
 Apr. 16 – *Brandon Lake*: Ryman Aud.
 Apr. 18 – *Kid Rock's Comedy Jam*: Ryman Auditorium
 Apr. 19 – *Leanne Morgan*: Opry House
 Apr. 19 – *Giggly Squad*: War Memorial Auditorium
 Apr. 20 – “*Bad Friends*” Podcast: Ryman Auditorium
 Apr. 20-22 – *Tablao Flamenco*: TPAC
 Apr. 21 – *David Spade*: Ryman Auditorium
 Apr. 21 – *Nick Swardson*: War Memorial Auditorium
 Apr. 21-23 – *Ballet: “New In Nashville”*: TPAC
 Apr. 21-23 – *Opera: “The Pirates of Penzance”*: TPAC
 Apr. 21-23 – *Flea Market: The Fairgrounds Nashville*
 Apr. 22 – *Fortune Feinster*: Ryman Aud.
 Apr. 23 – *Ali Wong*: Ryman Auditorium
 Apr. 23 – *Jill Scott*: Municipal Auditorium
 Apr. 25 – *Wilco*: Ryman Auditorium
 Apr. 25-30 – *Sounds vs. Omaha*
 Apr. 26 – *Snarky Puppy*: Ryman Aud.
 Apr. 27-29 – *Nickel Creek*: Ryman Aud.
 Apr. 28 – *Katt Williams*: Municipal Aud.
 Apr. 28-29 – *Ballet Hispánico: “Doña Peron”*: TPAC
 Apr. 29 – *Supercross*: Nissan Stadium
 Apr. 29 – “*Madagascar the Musical*”: TPAC
 Apr. 30 – *Blues Traveler*: Ryman Aud.

All dates subject to change without notice



The Saxony APARTMENTS

700 Saxony Lake Drive
 Antioch, TN 37013
 (615) 331-8751

April 2023

You've Got That, Right?

Insurance that is! Why do you need it? Replacing all your home's contents can be a staggering amount of money. Renter's insurance is affordable and gives you peace of mind to focus on other things. Call your insurance agent today; you might get a discount by bundling all your insurance together.

Spring Spruce-Up

Many of us get the itch to clean in the spring when everything outside is new, fresh and beautiful. As you are cleaning the nooks and crannies of your home, be sure to note any service requests. We like to be made aware of minor situations that we can handle long before they become potential problems. Together we can keep your home in tip-top shape all the way around.

Grilling Fever

Hints of warmer weather make us anticipate grilling. Please make sure your grill is not being used under balconies or patios. Take advantage of the grills throughout the community or bring your grill into the open areas.

Wet Weather Caution

Remember to be especially careful driving during wet weather. Use additional caution when driving in our community during the rain. Be especially cautious of residents dashing in from the weather and cars backing out of the parking spaces. It can be very difficult to stop quickly when the roads are wet. It can also be difficult to see where water has collected on the road. If you are not careful, your vehicle may hydroplane and you may lose control. So practice good driving skills: Keep a safe distance behind other vehicles; brake slowly; keep speeds down; be very observant; and always be ready to react.

Staff

Morgan Belcher, NALP
 Property Manager
Kristin Lilley
 Assistant Manager
Brandy Bradley
 Maintenance Supervisor
Bryan Demonbreun
 Maintenance Tech
Jonathan Mendoza
 Groundskeeper
Ted Meskers
 Courtesy Officer

office/ clubhouse hours

Monday-Friday
 8:30am - 5:30pm
Saturday
 10:00am - 4:00pm
Sunday
 Closed

laundry hours

Open 24 Hours

fitness center

Open 24 Hours

pest control

Fri., Apr. 21
 Bldgs. 10-13

0407





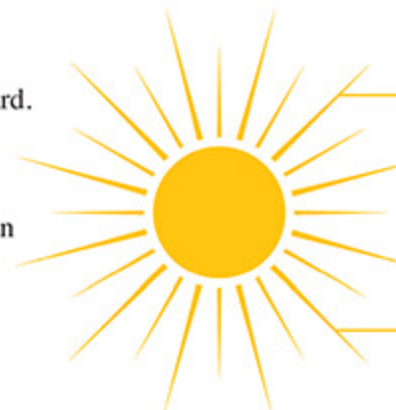
SUN	MON	TUE	WED	THU	FRI	SAT
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- 09 Easter
- 12 National Grilled Cheese Day
- 18 Tax Day
- 19 Bicycle Day
- 22 Earth Day
- 26 Administrative Professionals Day
- 28 Arbor Day

Avoiding Identity Theft

It can happen to anyone, but taking a few extra steps can make it harder for someone to steal your identity.

- Store documents with your personal information – financial documents, Social Security, Medicare and credit cards – in a safe place at home and at work.
- Carry only what you need. Leave your Social Security card and Medicare card at home unless you need them for a specific purpose.
- Clean your computer and smart phone by installing antivirus programs. Free programs are AVG Free Antivirus (free.avg.com) or Avast! (avast.com) and run a full system scan.
- Make sure your Wi-Fi is secure.
- Inspect each credit card receipt. It should not show your full account number according to FACTA laws.
- Use strong passwords for each online account.
- Do NOT share your personal, financial or health plan information over the internet, over the phone or through the mail unless you have a personal relationship with that person AND you initiated the contact.
- Shred credit offers, insurance forms, bank statements, receipts when done.
- Use only one credit card for online purchases – not a debit card.
- When disposing of a laptop, computer or mobile device, get rid of all personal information you have stored on it.
- Monitor credit reports, bank and credit accounts.



“Some old-fashioned things like fresh air and sunshine are hard to beat.”

LAURA INGALLS WILDER

Our Beautiful Earth



We celebrate Earth Day and Arbor Day this month. As the weather warms, it's a great time to be outdoors. Enjoy these fun things to do!

Time to clean off your balcony and/or patio (if you have one) to spruce it up! Keep an eye on your planting zone to plant beautiful flowers, herbs and even container trees. Replace your worn-out doormat with a new spring/summer one.

There's nothing like taking a walk in nature. You'll get Vitamin D and exercise at the same time. Pack a backpack with snacks and water and set out. Since it's also Bicycle Day in April, bicycling can be a great form of exercise!

If you want to garden more, but your space is limited, check out community gardens in your area. Be on the lookout for farmer's markets that will be popping up in the next few months.

If spring cleaning gets you in the mood to declutter, remember to give away or donate items you don't want instead of throwing them away. Reduce landfill items and help someone at the same time.

Donate money to plant a tree. Check out plantwithpurpose.org; thetreesremember.com; alivingtribute.org.

Try to fill in the missing numbers. The blanks are numbers between 0 and 5. The numbering in each row add up to totals to the right. The numbers in each column add up to the totals along the bottom. The diagonal lines also add up the totals to the right.

Bunny Block

				15
5			5	18
	2		2	12
0				10
	4			7
9	15	12	11	13

ROW 1: 5, 5, 5, 5 | ROW 2: 3, 2, 5, 2 | ROW 3: 0, 4, 4, 2 | ROW 4: 1, 4, 0, 2



Air-Fryer Grilled Cheese

With **National Grilled Cheese Day** celebrated on April 12th, it is a no-brainer to share some recipes. Air frying creates a crispy exterior and one of the best gooey interiors. The ideal grilled cheese is air fried for 8 minutes at 370 degrees.

Try some of these fillers in your sandwich!

- Add some sloppy joes.
- Try it with guacamole.
- Be carb-friendly with cauliflower rice, eggs, parmesan and oregano.
- Add onions, bell peppers and sirloin steak for a yummy Philly.
- Mac and cheese and bacon make the best BLTs.
- Breakfast with bacon, egg and cheese.



Organize YOUR TV AREA

Is it time to organize your TV/entertainment area? Here are some tips to get you started.

- ✓ Baskets organize and hide a multitude of stuff. Just make sure they're labeled to keep things in their proper place. Items could include TV controllers, gaming controllers, etc. If you want your family to know where things are, consider clear plastic bins.
- ✓ Use a label maker, washi tape cord labels, or even bread tags to label cords. This helps moving furniture and electronics easier.
- ✓ Are you a cubby person? The choices for baskets, bins, plastic storage are limitless with cubbies. Just make sure you label each one with the contents.
- ✓ Use or find an old dresser for storage in your TV area. Drawers hold DVDs, gaming stuff, and other things you need space for. The TV/gaming consoles/DVD players can also sit on top.
- ✓ Have lots of wires hanging down? Shop for wire concealers or cord covers online.
- ✓ For many, DVDs are a thing of the past. But if you have a lot of them, use CD sleeves and fold your movie jacket to fit inside the sleeve. There are also DVD sleeves that fit perfectly without folding. Check them out online. You can do the same thing with your DVDs by using a CD binder.