

Open Those Windows!

Who's excited about warmer weather? We are! Just make sure that if you have your windows open, please keep your noise to a minimum. You don't want your neighbors knowing everything, do you?

Slick Roads

Remember to be especially careful driving during wet weather. Use additional caution when driving in our community during the rain. Be especially cautious of residents dashing in from the weather and cars backing out of the lot. As we know, it is very difficult to stop quickly when the roads are wet. It is also difficult to see where water has collected on the road. If you are not careful, your vehicle may hydroplane and you may lose control. So practice good driving skills: Keep a safe distance behind other vehicles; brake slowly; keep speeds down; be very observant; and always be ready to react.

Regardless of where you are, realize you must drive a little more cautiously when it's raining or when roads are wet. It may take a little longer, but it is worth it when you arrive safely.

National Pet Day

Celebrated annually on April 11, National Pet Day is an unofficial holiday that encourages all of us to pay our pets some extra attention. So if you have a pet, you can do something special for them on this day by taking them for a long walk, buying them a special treat or maybe just by spending a little bit of extra time with them.

Fun pet facts:

- 80 million households in the United States currently have a pet.
- In the U.S., there are almost 80 million pet dogs and almost 86 million pet cats.
- Adult dogs normally have about 42 teeth.
- Dogs sweat only through the pads of their feet.
- Cats sleep about 13 to 14 hours per day, on average.

(Source: www.holidaycalendar.com)

Tornado Safety Tips

Inside:

- Stay away from windows.
- Go to the basement, if possible, or get under a heavy table or stairs.
- If there is not a basement, go to an inside closet, bathroom, or a hallway on the lowest level of the building.
- Protect your head with your arms.
- Keep a battery-powered radio or television on.

Outside:

- Seek shelter immediately. If shelter is not available, lie flat in a ditch or ravine.
- Protect your head with your arms.
- If in a car, get out and seek shelter.
- Do not try to outrun a tornado in a car. Tornadoes can pick up a car and throw it through the air. Do not get under a car.



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| 28 | 29 | 30 | April | | | |

Apr. 1 – **Loretta Lynn Birthday Concert:** Bridgestone Arena
 Apr. 1-7 – **“The Very Hungry Caterpillar”:** Nashville Children's Theater
 Apr. 1-13 – **“Shakespeare In Love”:** TPAC
 Apr. 2 – **Lucinda Williams:** Ryman Auditorium
 Apr. 3 – **Thistle Farms:** Ryman Auditorium
 Apr. 4 – **Predators vs. Vancouver**
 Apr. 4 – **ICM Awards:** Grand Ole Opry House
 Apr. 4-6 – **Opera: “Tales of Hoffman”:** TPAC
 Apr. 4-8 – **Sounds vs. Iowa**
 Apr. 5 – **Tiffany Jenkins:** TPAC
 Apr. 5-7 – **Gary Clark, Jr.:** Ryman Auditorium
 Apr. 6 – **Predators vs. Chicago**
 Apr. 6-7 – **Monster Energy Supercross:** Nissan Stadium
 Apr. 9 – **KISS:** Bridgestone Arena
 Apr. 9 – **Rhett & Link:** Ryman Auditorium
 Apr. 10 – **Ali Wong:** Ryman Auditorium
 Apr. 11 – **2Cellos:** Bridgestone Arena
 Apr. 11 – **Cody Ko & Noel Miller:** TPAC
 Apr. 12 – **Nate Bargatze:** TPAC
 Apr. 12 – **Jim Jefferies:** Ryman Auditorium
 Apr. 12-13 – **Rock of Ages:** TPAC
 Apr. 13 – **Sebastian Maniscalco:** TPAC
 Apr. 13 – **John Crist:** Ryman Auditorium
 Apr. 14 – **85 South:** TPAC
 Apr. 14 – **Jay Leno & Jeff Foxworthy:** Grand Ole Opry House
 Apr. 14 – **Tom Segura:** Ryman Auditorium
 Apr. 15-16 – **Death Cab for Cutie:** Ryman Auditorium
 Apr. 16 – **Godsmack:** Bridgestone Arena
 Apr. 16-18 – **Sounds vs. Round Rock**
 Apr. 17 – **Dream Theater:** TPAC
 Apr. 17 – **Patty Griffin:** Ryman Auditorium
 Apr. 18 – **My Favorite Murder Live:** Grand Ole Opry House
 Apr. 19 – **Chris Tomlin:** Bridgestone Arena
 Apr. 19 – **The Tallest Man on Earth:** Ryman Auditorium
 Apr. 19-22 – **Sounds vs. San Antonio**
 Apr. 20 – **Todd Snider:** Ryman Auditorium
 Apr. 21-22 – **Lord Huron:** Ryman Auditorium
 Apr. 22 – **Santana:** Grand Ole Opry House
 Apr. 23 – **Snow Patrol:** Ryman Auditorium
 Apr. 25-27 – **NFL Draft:** Downtown Nashville
 Apr. 25-May 19 – **“Tomás and the Library Lady”:** Nashville Children's Theater
 Apr. 26-28 – **Ballet: “Modern Masters” with Ben Folds:** TPAC
 Apr. 27 – **Rock 'n' Roll Nashville Marathon**
 Apr. 27 – **Jimmy Buffet:** Bridgestone Arena
 Apr. 27 – **Live from Here with Chris Thile:** Ryman Auditorium
 Apr. 28 – **LANY:** Ryman Auditorium
 Apr. 29-30 – **Sounds vs. Omaha**
 Apr. 30 – **Michael W. Smith:** Bridgestone Arena

All dates subject to change without notice

April 2019

Staff

Morgan Belcher, NALP
Property Manager

Kristin Lilley
Assistant Manager

Kayin Pridgen
Maintenance Supervisor

Lance Easley
Maintenance

Robbie Stanley
Groundskeeper

Officer Wright
Courtesy Officer

Office/Clubhouse Hours

Monday-Friday
8:30am - 5:30pm

Saturday
10:00am - 4:00pm

Sunday
Closed

Laundry Hours

Open 24 Hours

Fitness Center

Open 24 Hours

Pest Control

Wed., April 10
Bldgs. 10-13

0421

The Saxony APARTMENTS

700 Saxony Lake Drive
Antioch, TN 37013
(615) 331-8751

Are You Covered?

Add it up, and if you can't pay out of pocket for all your furniture, electronics, clothes, jewelry, etc., you know you need renter's insurance. It's affordable and gives you great peace of mind. Bundle with your car insurance for even greater savings. Call your local insurance agent today.

Make Your Home Yours

There are many inexpensive things to make your home look and feel like it's yours!

- Area rugs are great to add a pop of color. They can help define an area and add instant coziness and warmth.
- Add a plant to each room – they can breathe life into a space.
- Hang artwork that matches your personality. Or prop a door or panel against the wall.
- Rearrange your furniture until you get the feel you want. Shop at thrift stores for some deals.
- Window treatments don't have to be expensive. There are so many stores that offer great deals on draperies.



Tax Time

Tax Day is right around the corner! If you haven't already filed your taxes, you'd better get right on it. Quicken's TurboTax recommends you make sure you:

- Report all the income for which you receive a tax document.
- Be careful if you're taking a deduction for expenses related to a home office, especially if you're an employee of a company.
- Don't take a deduction for a donation to a charity that isn't in line with the income you've reported.
- Keep good records supporting your donations.

You'll save yourself time in the long run if you have documentation to prove everything and if your paperwork is organized.



APR 2019

- 1 April Fools Day
- 15 Tax Day (taxes due)
- 21 Easter
- 22 Earth Day
- 24 Administrative Professionals Day
- 26 Arbor Day

| SUN | MON | TUE | WED | THU | FRI | SAT |
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| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 TAX DAY | 16 | 17 | 18 | 19 | 20 |
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Less Stress = Happy Life

It's **Stress Awareness Month** and stress seems to be something we all do well! Let's stop the stress cycle and learn ways to keep stress at bay.

Learn to say no. Focus your energy on what matters most to you at this season in your life. What's in your circle: your family, your job, a passion? If you're asked to do something that doesn't fit into your "circle", just say no. Instead find things you can say yes to that fit in with what you love to do.

Don't forget to say thanks. Spending 5 minutes a day either writing in a journal or meditating and thinking upon the many blessings you have will help calm prevail.

Get plenty of exercise. If you sit at a desk all day consider getting a stand up desk. Take walks during work breaks and lunch. When you get home, take the kids to the park or play outside. There are so many ways to get moving and each time you move you're helping manage stress.

When you feel overwhelmed, write down what you need to do and check it off. The feeling of accomplishment outweighs the overwhelming with those "checked off" lists.

Eat right. Get in your fruits and vegetables. Drink water. Practice portion control.

Spend time with the ones you love. Whether you're talking, watching a favorite show, doing a hobby together or just sitting quietly together, it's fun being with a "best friend."

RECYCLING



Let's celebrate Earth Day by recycling and reusing what we already have. Check these out!

Egg cartons are the perfect package for carrying mini cupcakes and muffins. Also good for small jewelry holders.

Reuse toilet paper holders to organize cables and cords.

Newspaper absorbs odors. Ball it up and place it inside stinky shoes.

Cleaned ketchup bottles can become pancake squirters.

Kleenex boxes can become bag dispensers.

Large spaghetti sauce jars are great for pantry staples like dry beans, rice, flour, sugar and look very decorative.

The inside liners of cereal boxes are great for picking up pet waste.

Use Frisbees to reinforce disposable plates.

Use old toothbrushes for scrubbing hard to reach places.

Cupcake papers can keep popsicles from dripping on your hands.

Netted fruit, potato or onion bags make perfect kitchen scrubbers.

Use hanging shoe holders for extra pantry room.

Reuse plastic meat trays to hold damp sponges under the sink.



You Taxed WHAT?

The deadline for filing taxes is Monday, April 15th and it's never a fun task. There has been some funny taxation throughout the centuries. Here are a few of them.

Russian Emperor Peter the Great (1705) placed a tax on beards. He wanted to force the men to adopt the clean-shaven look that was common in Western Europe.

If you wanted to play cards in the 16th century, you had to pay a tax. In England this tax was not repealed until 1960.

England has taxed fireplaces, windows, bricks, wallpaper, hats, candles, wig powders, and even salt. Most people found a way around all the taxes and eventually all were repealed.

Johnstown, PA, was devastated by two floods. The state passed a tax on alcohol, using the proceeds to rebuild the city. The amount needed was reached in 1942, but the tax was never repealed. It still brings in around \$200 million a year.

In 2005, Tennessee began requiring drug dealers to pay taxes on any illegal substances they sold – anonymously. It was repealed in 2009.

In California, fresh fruit bought through a vending machine is subject to a 33% tax.

Are you over 100 years old? Go live in New Mexico where you are tax-exempt – but only if you're not a dependent.

In New York, an uncut bagel is tax exempt but if you want it sliced or ask for it with cream cheese, you get extra tax added to your order.

A free deck of cards is given to you when you file your tax returns in Nevada. However, in Alabama you'll have a 10% tax on card decks with 54 cards or less.

Hassle Free Newsletter

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FOUR-INGREDIENT LEMON COOKIES



- 1 lemon cake mix (15.25 oz. size or something close to that size)
- 1 small pkg. instant lemon pudding (3.5 oz.)
- 3/4 cup oil
- 2 eggs

Preheat oven to 350 degrees. Place all ingredients in large bowl and mix with an electric mixer until well mixed. Shape dough into small walnut-sized balls and place 2 inches apart on a very lightly sprayed cookie sheet. Bake 15-18 minutes (check at 15 minutes). Cool 3 minutes on baking sheet, then transfer to wire racks to cool completely. Frost with plain icing or a lemon icing if desired. Makes approximately 2-1/2 dozen cookies.



Plants Bring a Smile

The sun is shining, spring is here and we're ready to dress up our patio or balcony. Check the weather conditions where you live and if there's no freeze warnings in the future, let's get busy with container planting!

- Angelonia likes the sun and doesn't need to be deadheaded. They come in all colors. Pair with trailing herbs.
- Hostas, with a couple of flowers planted to the side, always offer a beautiful display.
- Lantana can stand the hottest summer. It blooms beautifully and is loved by butterflies.
- Hydrangea flowering shrubs are great in containers. Bonus: cut blooms dry beautifully for an indoor display all winter long.
- Coleus is drought-tolerant and is available in so many colors and varieties. They are a huge pollinator magnet for butterflies, bees and hummingbirds.
- Try a boxwood in a container and fill in with dainty blooming plants like white violas and sweet potato vine.
- Leafy greens love sunshine. Plus you can eat them later!